

Nagai, N., Ayaki, M., Yanagawa, T., Hattori, A., Negishi, K., Mori, T., et al. (2019). Suppression of Blue Light at Night Ameliorates Metabolic Abnormalities by Controlling Circadian Rhythms. *Invest Ophthalmol Vis Sci*, 60(12), 3786–3793.